



## **Bridging and Bonding Women's Social Trust Retreat Health & Safety Guidelines**

### **Vaccination Requirement:**

We are committed to providing you a safe and enriching retreat experience. To ensure the safest environment for all, we have a Covid vaccination requirement for all participants. **Proof of updated full vaccination must be provided upon arrival at check-in registration.**

We ask that you take personal responsibility for having a negative Covid testing before you arrive.

### **Mask Requirement:**

We will follow the CDC and WHO guidelines during the retreat. Masks are not required indoors but respected and encouraged if you feel it necessary for your personal safety and health.

### **Cleaning Protocols:**

All meeting rooms and common spaces are cleaned daily by hotel and restaurants we will visit to ensure the safest environments possible.

### **Duty to Self-Monitor:**

Participants agree to self-monitor for signs and symptoms of COVID-19 or flu (symptoms typically include fever, cough, and shortness of breath) during the trip and agree to demonstrate a negative Covid test and/or not participate in any remaining activities.

### **Liability and Release of Claims:**

Participants knowingly and freely assume all such risks related to illness and infectious diseases, such as Covid-19 and release Getting To We, Inc. from all liability resulting from illness.

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